

Table 8. Recommended Treatment Regimens for LTBI

Drug	Dose (max. dose)	Interval and Duration	Comments
INH	5 mg/kg/day (300 mg)	Daily for 9 m	Preferred regimen
INH	15 mg/kg/day (900 mg)	Twice-weekly for 9 m	Directly observed therapy must be used
INH	5 mg/kg/day (300 mg)	Daily for 6 m	Not for HIV + patients
INH	15 mg/kg/day (900 mg)	Twice-weekly for 6 m	Not for HIV + patients. Directly observed therapy must be used
RIF	10 mg/kg/day (600 mg)	Daily for 4 mo	For persons who do not tolerate isoniazid or pyrazinamide or contacts to isoniazid-resistant cases
RIF + PZA	10 mg/kg/day (600 mg) + 15-20 mg/kg/day	Daily for 2 m	Should generally not be used (see text)
RIF + PZA	10 mg/kg/day (600 mg) + 40 mg/kg/day	Twice-weekly for 3 m	Should generally not be used (see text). Directly observed therapy must be used.

INH = isoniazid, RIF = rifampin, PZA = pyrazinamide

Source: Adapted from reference 5 and 31a.